Douglas S. Wingate, DTCM, FMHC, LPF, L.Ac.

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www.acuneuromodulation.com | www.metaprogramminginstitute.com |www.8circuitascension.com

Academic Background

Psychedelic Assisted Therapy Training with Advanced Certificate in Psilocybin-Assisted Therapy Integrative Psychiatry Institute	2023 Boulder, CO
Psilocybin Facilitator Training Program Innertrek, LLC	2022-2023 Portland, OR
Doctorate of Traditional Chinese Medicine Five Branches University	2022-2023 San Jose, CA
Masters of Acupuncture and Oriental Medicine Oregon College of Oriental Medicine	2008-2011 Portland, OR
Natural Health Practitioner certification Medicine College of Canada	2006-2008 Alternative Chambly, QC
Associates of Applied Science - Drafting Technology Community College	2002-2005 Clackamas Oregon City, OR
High School Diploma Canby Union High School	1998-2001 Canby, OR

Professional Licenses/Certifications

Licensed Acupuncturist - Oregon licensee License #AC156200	Oregon Medical Board	Ex: 06/30/2028
NCCAOM diplomate – Acupuncture Certificate #150033		
Licensed Psilocybin Facilitator Oregon License # FL-6d5d896		April 2023
Certified Functional Medicine Hyperbaric Clinician International Board of Undersea Medicine		Nov 2022

Additional Post-Graduate Trainings:

Carrick Institute

- -Clinical Neuroscience Program (300 hours)
- -Movement Disorders Program (100 hours)
- -Clinical Neuroscience of Cognition and Intelligence
- -Neuroscience of Breathwork
- -Acupuncture and Neurology

-Neurological Exam for the Acupuncture Clinician
-Synapse Sessions 2022
-Synapse Sessions 2023

Experience & Qualifications

- Helfgott Research Institute - Associate Researcher / Clinical Investigator - 2024-present
- National Institute of Natural Medicine - Adjunct Professor - 2024-present
- Integrative Psychiatry Institute - Teaching/Facilitation Assistant - 2023-present
- Oregon College of Oriental Medicine, Portland, OR - Adjunct Professor - 2015-2024
- Be Well Holistic Health - 2022-present
- 7 Gates Sanctuary Psilocybin Service Center, Co-Founder & Facilitator - 2023-present
- 8-Circuit Ascension, Co-Founder, - 2022-Present
- Oregon Health and Science University Department of Neurology – 08/2018-08/2021
- DSW Health Services - Owner/Acupuncturist - 11/2013-present
- Parkway Acupuncture and Wellness - Co-Owner/Acupuncturist - 11/2011-11/2013
- Central City Concern, Portland, OR - Supervised clinical experience - 03/2011-06/2011
- Outside In, Portland - Supervised clinical experience - 01/2011-03/2011I
- Oregon College of Oriental Medicine, Portland, OR - Supervised clinical experience - 09/2010 - 09/2011

Published Works:

- *Opening The Window: psychedelic-assisted neurorehabilitation how psychedelics heal the brain* (forthcoming, Inner Traditions Bear & Co.)
- *8-Circuit Ascension Workbook: Tools to Change Your Brain and Increase Intelligence* (2026, Original Falcon Publishing)
- *Integrative Neurology and Chinese Medicine: Acupuncture Neuromodulation* (2025, Self-Published)
- *8-Circuit Ascension: A Guide To Metaprogramming The Multidimensional Self* (2025, Original Falcon Publishing)
- *Neuromycology: medicinal mushrooms for brain and body* (2024, Createspace)
- *The Eight Dimensional Book of Runes* (2024, Createspace)
- *The Eight Dimensional Book of Changes* (2024, Createspace)
- *Atlas of Neural Network Acupuncture* (2023, Createspace)
- *Acuinked: Acupuncture Point Specific Tattooing* (2019, Createspace)
- *Healing Brain Injury Naturally* (2019, Createspace)
- *Healing Brain Injury with Chinese Medical Approaches: Integrative Approaches for Practitioners* (2018, Singing Dragon Publications)
- *Circuits and Shen: Models of the Evolution of Consciousness and Chinese Medicine* (2016, Createspace)

Articles Written:

- *Five Phases, Eight Circuits: Chinese Medicine as a Map for Psychedelic Consciousness* (2026) Psychedelics Today. https://psychedelicstoday.com/2026/07/23/chinese-medicine-and-psychedelics/
- Turetzky, R. and Wingate, D. (2026) *The Framework Gap in Psychedelic Practice: An Introduction to the 8-Circuit Model of Consciousness.* Psychedelics Today. https://psychedelicstoday.com/2026/07/03/8-circuit-model-of-consciousness/
- Kasian, S. , Turetzky, R. and Wingate, D. (2026) Passive EEG-Guided Neuromodulation for Chronic Migraine: Outcomes of a Prospective Pilot Study Using the Neurogen Brain Balancing Migraine Protocol. doi: 10.4236/health.2026.183020
- Kasian, S. , Turetzky, R. and Wingate, D. (2024) Exploring the Eight-Circuit Model of Consciousness: A Pathway to Enhanced Mind-Body Health. *Health*, 16, 1289-1303. doi: 10.4236/health.2024.1612089.
- *Acupuncture in the Treatment of Borderline Personality Disorder: A Neurobiological Approach* (2021, https://www.researchgate.net/publication/348150854_Acupuncture_Approaches_to_Borderline_Personality_Disorder_A_Neurobiological_Approach)

- *Acupuncture in the Treatment of Post-Traumatic Stress Disorder: A Neurobiological Approach* (2019, https://www.researchgate.net/publication/333033416_Acupuncture_in_the_Treatment_of_Post-Traumatic_Stress_Disorder_A_Neurobiological_Approach)
- *Mechanisms of Acupuncture Treatment in Treating Acquired Brain Injury(2018)*
- *The Treatment of Frontal Lobe Injury With Acupuncture and Traditional East Asian Medicine* (2016, www.acuneuromodulation.com)
- *The Treatment of Temporal Lobe Injury With Acupuncture and Traditional East Asian Medicine* (2016, www.acuneuromodulation.com)
- *Oriental Medical Theory in the Treatment of Acquired Brain Injury (2015, www.acuneuromodulation.com)*

Teaching/Lecture Experience

- The 8-Circuit Model of Consciousness: An Integrative Framework For Psychedelic-Assisted Therapy Course- Psychedelics Today 7/23/26
- Mapping Anomalous States: The 8-Circuit Model as a Framework for Psychedelic and Transpersonal Experiences - APA Div. 32 ACORN (Anomalous Cognition & Occurrences Research Network) Symposium 2/21/26
- Pairing Psychedelics and Neurofeedback for Better Mental and Physical Health - Virtual Webinar 1/24/26 available at https://youtu.be/ljiDcAGYblU?si=2agqADrtNibxSv0z
- Supporting Microdosing for Neuroplasticity: "Stacking" and Natural Nootropics - Virtual Webinar 1/10/26 available at https://youtu.be/XLBYtgV0uLA?si=sYdIl0mgl-5BsBtL
- Neuromycology: Healing and Protecting the Nervous System with Medicinal Mushrooms - Virtual Webinar 1/3/26 available at: https://youtu.be/3wkbboYetxs?si=3VPPICGNEbwX4LpM
- Psychedelic-Assisted Neurorehabilitation: Applied Metaplasticity in Neurotrauma and Neurodegeneration - Virtual Webinar 12/27/25 available at: https://youtu.be/wnp8KfIxMco?si=Cfqrn23NmpqXImZd
- The 8-Circuit Model and its Applications in the Psychedelic Space - Psycon Convention Las Vegas 10/17/25
- Radical Neurology - Applied Psychedelic-Induced Metaplasticity - Psycon Convention Las Vegas 5/10/24
- Modeling of Transpersonal & Non-Ordinary States and Integration of the Psychedelic Experience - Psycon Convention Las Vegas 5/10/24
- Psychedelics in Brain Change - Psycon Convention Denver Colorado 9/29/23
- Psychedelics in Brain Change - Psycon Convention Portland Oregon 5/19/23
- Advanced Topics In Neuro-Orthopedic Acupuncture - Oregon College of Oriental Medicine / National University of Natural Medicine - 2024 - present
- "Advances in the 8 Circuit Model of Consciousness" - Botanica Obscura Conference - 3/26/23
- "Oregon Psilocybin Services: what Chinese medicine practitioners need to know" - Oregon Association of Acupuncturists Annual Conference - Portland, OR 3/12/23
- "Psilocybin therapy on increases in neuroplasticity and synaptogenesis" 21st Annual Pacific Northwest Brain Injury Conference – Portland, OR 3/05/2023
- "Essentials in Treating Traumatic Brain Injury with Chinese Medicine" - Oregon Association of Acupuncturists Annual Conference - Portland, OR 9/19/21
- "TCM Treatments for PTSD" Webinar (8 hour) – elotus.org 04/19/2020
- "TCM Treatment for Brain Injury and Concussions" Webinar (8 hour) – elotus.edu 04/18/2020
- "TCM Treatment for Brain Injury and Concussions" Webinar (1 hour) – elotus.edu 05/23/2019
- "Acupuncture and Chinese medicine - How it can make a difference" 16th Annual Pacific Northwest Brain Injury Conference – Portland, OR 3/03/2018
- "Acupuncture and Complementary Medicine in the Management of Traumatic Brain Injury", McMinnville, OR – 1/20-21/2018
- "Circuits, Chakras, and Shen: Psychological Impacts of Developmental Neuroimprinting in a Clinical Setting Part I - The Earthly Circuits" - McMinnville, OR – 12/16-17/2017
- "Brain Injury: Basic Acupuncture and Herbal Approaches to Treatment" -Oregon College of Oriental Medicine, Portland, OR – 9/5-6/2015
- Independent Living Resources, Portland, OR (Crossroads support group) – 8/23/2013
- 11th Annual Northwest Brain Injury Conference - Sheraton Hotel, Portland Oregon – 3/13/2013
- Legacy Good Samaritan Medical Center, Portland , OR (BIRRDsong support group)

- Legacy Emanuel Hospital, Portland, OR (Thrive support group meeting) 2/18/2012
- Legacy Emanuel Hospital, Portland, OR (Brainstormers II support group)

Technical and Specialized Skills

- Psychedelic/NOSC Facilitation: preparation, facilitation, integration, somatic integration
- Traditional East Asian Medicine: Acupuncture, Massage therapy, Chinese Herbal Medicine, Electro-acupuncture, Oriental medicine diagnostics
- Accounting and bookkeeping
- Recording keeping and medical charting/billing
- Marketing
- Graphic Design

Research Areas of Interests

- Psychedelic-assisted psychotherapy
- Non-invasive brain stimulation
- Neurobiological foundations of pathology and interventions
- Traumatic brain injury, CTE, post-stroke, PTSD
- Neural bases of consciousness, Non-ordinary states of consciousness
- The 8-Circuit model of consciousness
- Developmental, somatic, transpersonal, and Eastern psychology

Volunteer Work

- Brain Injury Information, Referral and Resource Development/Brain Injury Connections NW
  Portland, OR - 12/2011-06/2014 http://braininjuryconnectionsnw.org/
- Returning Veterans Project, Portland, OR - https://www.returningveterans.org/

Employment History

National University of Natural Medicine — Adjunct Professor
2024-present
49 South Porter St. Portland, OR — 503-552-1555

Integrative Psychiatry Institute — Teaching/Facilitation Staff
5/2023-present
224 W. Broadway, Eugene, OR 97401 — 260-570-8088

Oregon College of Oriental Medicine — Adjunct Professor
2015-2024
75 NW Couch St., Portland, OR 97209 — 503-552-1555

Be Well Holistic Health — Acupuncturist, hyperbaric physician
3/2022-present
3125 NE Holladay St., Portland, OR 97232 — 503-217-4457

Oregon Health and Science University Department of Neurology — Adjunct Professor
8/2015-08/2024
3181 SW Sam Jackson Park Rd, Portland, OR 97239 — 503-494-8311

DSW Health Services, LLC — Owner/Acupuncturist
11/2013-present
2928 SE Hawthorne Blvd. Portland, OR 97214 — 503-250-3383

Parkway Acupuncture and Wellness Co-Owner/Acupuncturist
11/2011-11/2013
30240 SW Parkway Ave #3, Wilsonville, OR 97070 503-610-3383

Professional References

Rachel "Naia" Turetzky, PhD, CYT Adherence Rater/MLR Reviewer
Multidisciplinary Association for Psychedelic Studies
516-912-8171 rturetzkyphd@gmail.com

Drew Snyder . Head of Psilocybin Practicum
Integrative Psychiatry Institute
541-531-6007 drewsnyderipi@gmail.com

Heather Zwickey, PhD Provost & VP of Research & Academic Excellence
Helfgott Research Institute / National Institute of Natural Medicine hzwickey@nunm.edu

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Oregon Health and Science University
617-669-2989 dimitroa@ohsu.edu

Ken Glowacki, DACM, L.Ac. Chair of Acupuncture Department
National University of Natural Medicine
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Personal References

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Allison Simmons 971-239-3981

additional references available upon request